



**Starlett A. Henderson, co-owner *Field Problems*™**

**Starlett Henderson** is an Army veteran with five years of office management and supervisory experience on Fort Stewart. As an officer, her responsibilities included individual performance counseling, leadership and skills training, personnel management, and information physical security planning. She is an Army National Guard spouse that has withstood three 8 to 12 month deployments as well as a 6 month tour of her own. Since leaving the Army, she has gained experience teaching as a long-term substitute, was a government budget analyst and completed her Master's in Professional Counseling. Her education and well-rounded, prior military and government experience has afforded her opportunities to work with Active and National Guard soldiers and their families in numerous settings.

**Professional Acknowledgments** Star is a member of the American Counseling Association and Association for Counselors and Educators in Government. As an Intelligence officer, Star held a Top Secret security clearance.

**Leadership Credentials** While on Active Duty, she achieved the rank of Captain where she supervised teams with diverse skills and backgrounds and even led a small contingency of aughtees during their deployment to Bosnia. She was consistently rated well for her problem solving skills, leadership abilities, and integrity.

**Educator, Researcher, Coach and Trainer** Her normal duties as a military officer included assisting individuals during their transition to Fort Stewart, developing training material with broad range to present to groups of up to 400, and conducting monthly evaluations to assess and improve individual performance. She was also one of four Intelligence analysts selected as the 3ID's instructors to prepare several hundred 3ID's soldiers for their rotation to Bosnia in 2000. Star recently completed a nine-month practicum at a community health facility to gain experience in a variety of counseling settings (individual, group, and family), serve a variety of populations (children and adults), and utilize a wide range of intervention strategies (therapeutic listening, crisis intervention, and psycho-education). As an FRG Advisor she developed and distributed timely and relevant newsletters and special bulletins addressing immediate concerns of military families on the home front.

#### **Author**

Star co-writes *Field Problems*™. She designs and publishes a monthly newsletter for Army Wife Talk Radio.

**Education:** Star has a Master's in Professional Counseling (November 2005, Argosy University) and a Bachelor's of Science in Scientific and Technical Communication (February 1997, Michigan Technological University (MTU)). She is a graduate of the MTU Reserve Officer Training Corps, Military Intelligence Officer Basic Course, Finance Specialist School, and Basic Combat Training.